



## RESPONDING TO HEATWAVES IN THE OLDER PEOPLE ECOSYSTEM

### CHALLENGE

Climate change has resulted in an increase of the frequency and severity of heatwaves. Older adults, living at home, are more vulnerable and at risk for health problems in situations of heatwaves.

### OBJECTIVES

The project HOPE (Responding to Heatwaves in the Older People Ecosystem) will put the severe health threats of heatwaves on the agenda of the older adult service and healthcare sectors with an inclusive approach for the whole ecosystem.

### OUTCOME

An integrated approach to be further adopted by other organisations and authorities, decreasing the morbidity and mortality rate and improving the care provided through collaboration, new policies and approaches, knowledge exchange and change management.

### RESULTS

- Increased competences of students, informal caregivers, and professionals in older adult health, care and social sectors.
- An innovative teaching-tool for students and formal/informal caregivers.
- Guidelines for ecosystems and a database of good practices developed in collaboration with associated partners, older adults and caregivers.
- Increased response capacity of older adults on how to mitigate the impact of heatwaves and managing their own health and wellbeing.
- Policy recommendations supporting Local and Regional Authorities on how to play a role in the fight against heat.
- Examples of implemented recommendations in the municipalities.
- Exchanges of best practices at local, regional, national, european and international level.

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Co-funded by the European Union